


	The 3 Sets of Mysteries	When to Pray Which Set of Mysteries
	<p><u>The Joyful Mysteries</u></p>	<p>Mondays: Joyful</p>
	<p>Annunciation</p>	<p>Tuesdays: Sorrowful</p>
	<p>Visitation</p>	<p>Wednesdays: Glorious</p>
	<p>Nativity</p>	<p>Thursdays: Joyful</p>
	<p>Presentation</p>	<p>Fridays: Sorrowful</p>
	<p>Finding Jesus in the Temple</p>	<p>Saturdays: Glorious</p>
	<p><u>The Sorrowful Mysteries</u></p>	<p>Sundays (default): Glorious</p>
	<p>Agony in the Garden</p>	<p>Sundays in Advent, Christmas, and Epiphany: Joyful</p>
	<p>The Scourging</p>	<p>Sundays in Septuagesima and Lent: Sorrowful</p>
	<p>Crowning with thorns</p>	<p>Sundays in Easter and Time after Pentecost: Glorious</p>
	<p>Carrying of the Cross</p>	
	<p>Crucifixion</p>	
	<p><u>The Glorious Mysteries</u></p>	
	<p>Resurrection</p>	

To start: Pick the set of Mysteries you want to meditate on -- Joyful, Sorrowful, or Glorious

At #1: State intentions, kiss Crucifix, make the Sign of the Cross, and say the Apostles' Creed

At #2: Say a Pater on the first large bead

At #3: Say 1 Ave on each of the 3 small beads. Now go up the right side of the Rosary and continue:

Large Red-colored Beads: Gloria; Fatima Prayer; Announce Mystery & begin to meditate on it; Pater

All other Small Black Beads: Say an Ave on each bead. End back at the first red bead.

When Making The Sign of the Cross

In the name of the Father [touch forehead], and of the Son [touch chest], and of the Holy Ghost [touch left shoulder, then right shoulder]. Amen.

The Apostles' Creed

I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. + I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Our Father (Pater)

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. + Give us this day, our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (Ave)

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. + Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

Glory Be (Gloria)

Glory be to the Father, and to the Son, and to the Holy Spirit. + As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those in most need of Thy mercy. Amen.