

Triduum in Honor of St. Rita of Cascia

On three consecutive days or on three consecutive Thursdays, pray the Rosary and the following prayers. An omission of one day breaks the triduum:

First Day

Pray the Rosary of the Blessed Virgin

Direct, we beseech Thee, O Lord, all our actions by Thy holy inspirations, and carry them on by Thy gracious assistance, that every prayer and other good work of ours may begin always from Thee, and by Thee be happily ended: through Christ our Lord. Amen.

O blessed Rita, I take thee this day for my special protectress and advocate with God. In all humility I rejoice with thee, because thou wast chosen of God for the special marks of His favors. Obtain for me, by thy prayers, a spirit of true courage in all the trials of this life. Make it thy special care, O blessed advocate, to obtain for me an efficacious love of God, a strong love, a pure love, enabling me to surmount all difficulties which might hinder my union with God in life, so that I may become one with Him forever after death.

O glorified Rita, look down upon me still exiled and send me hope and consolation. Obtain for me the grace of imitating thy virtues: and if it be God's Holy Will, I would beg of thee to add thy prayers to mine for the obtaining of this, my special request (*mention your request here*).

O glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen.

Pray three times the Our Father, Hail Mary, and Glory Be

Second Day

Pray the Rosary of the Blessed Virgin

Direct, we beseech Thee, O Lord, all our actions by Thy holy inspirations, and carry them on by Thy gracious assistance, that every prayer and other good work of ours may begin always from Thee, and by Thee be happily ended: through Christ our Lord. Amen.

O glorious Rita, thou who, while on earth, wast a mirror of innocence and a model of penance: O saintly heroine, specially chosen by God to wear on thy heart and brow the marks of His love and Passion, look down from

Heaven graciously upon my soul and hear my prayers. Obtain for me such a love for Jesus suffering, that ever meditating on His Passion I may make His suffering mine: that I may draw from the wounds of my Savior, as from so many founts of salvation, the grace of lamenting my sins and a firm will to imitate thee in penance, if I have not followed thee in innocence.

O glorified Rita, look down upon me still exiled and send me hope and consolation. Obtain for me the grace of imitating thy virtues; and if it be God's Holy Will, I would beg of thee to add thy prayers to mine for obtaining for me this, my special request (*mention your request here*).

O glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus Christ, obtaining of this my special request resignation the troubles of this life, and protect me in all my needs. Amen.

Pray three times the Our Father, Hail Mary, and Glory Be

Third Day

Pray the Rosary of the Blessed Virgin

Direct, we beseech Thee, O Lord, all our actions by Thy holy inspirations, and carry them on by Thy gracious assistance, that every prayer and other good work of ours may begin always from Thee, and by Thee be happily ended: through Christ our Lord. Amen.

O happy Rita, who has already crossed over the sea of our mortality, be solicitous for me in my manifold misery. Reach forth thy hands to me, O advocate of desperate cases, and guide my tottering footsteps, that gaining strength through thy aid, I may walk more confidently in the by-paths of the Saviour. Obtain for me faith and perseverance, that I may serve God in fear and so keep His commandment. I beseech thee, O holy Rita, to send me from thy home in Heaven a few drops of the wine of thy charity, for my soul is dry with the dryness of the world and its pleasures. Come to me, a miserable sinner, and loose the bonds of my captivity. Take me apart from the world-maddened crowds that I may sit with thee and God Almighty; that I may hear the voice of my God breaking in silence to my aching heart.

O glorified Rita, look down upon me still exiled and send me hope and consolation. Obtain for me the grace of imitating thy virtues if it be God's Holy Will. I would beg of thee to add thy prayers to mine for the obtaining of this special request (*mention your request here*).

O glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen.

Pray three times the Our Father, Hail Mary, and Glory Be